

# October

# HAWAII ALL-STARS

2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
GYM CLOSED	KRUSH - J <sub>3</sub> 4:00-5:30 KRUNCH- J <sub>1</sub> 5:30-7:00 KARMA - S <sub>2</sub> 7:00-8:30	KaBOOM - J <sub>2</sub> 4:00-5:30 K-POP - Y <sub>1</sub> 5:30-7:00 HI-5 7:00-8:30	KOWGURLZ M <sub>1</sub> 4:00-5:30 KRUNCH- J <sub>1</sub> 5:30-7:00 KARMA - S <sub>2</sub> 7:00-8:30	KRUSH - J <sub>3</sub> 4:00-5:30 K-POP - Y <sub>1</sub> 5:30-7:00 HI-5 7:00-8:30	KOWGURLZ M <sub>1</sub> 4:00-5:30	KaBOOM - J <sub>2</sub> . 8:00-10:00 STRETCH CLASS 10:00-11:00 11:00-12:00
3	4	5	6	7	8	9
OPEN GYM 3:00-5:00 BHS 9:00-9:50 Tucks 10:00-10:50 Lays/Fulls 11:00-11:50	KRUSH - J <sub>3</sub> 4:00-5:30 KRUNCH- J <sub>1</sub> 5:30-7:00 KARMA - S <sub>2</sub> 7:00-8:30	KaBOOM - J <sub>2</sub> 4:00-5:30 K-POP - Y <sub>1</sub> 5:30-7:00 HI-5 7:00-8:30	COACH BUCKY 5:00-7:00 Tuck/Lay 7:00-9:00 Lay/ Full KOWGURLZ M <sub>1</sub> 4:00-5:30 KRUNCH- J <sub>1</sub> 5:30-7:00 KARMA - S <sub>2</sub> 7:00-8:30	KRUSH - J <sub>3</sub> 4:00-5:30 K-POP - Y <sub>1</sub> 5:30-7:00 HI-5 7:00-8:30	CHOREOGRAPHY HI-5 4:00-8:30  KOWGURLZ M <sub>1</sub> 4:00-5:30	CHOREOGRAPHY HI-5 9:00-2:00  KaBOOM - J <sub>2</sub> . 8:00-10:00 STRETCH CLASS 10:00-11:00 11:00-12:00 PHOTO SHOOT
10	11	12	13	14	15	16
CHOREOGRAPHY HI-5 9:00-2:00  PHOTO SHOOT	CHOREOGRAPHY KRUSH - J <sub>3</sub> 9:00-2:00  KRUNCH- J <sub>1</sub> 5:30-7:00 KARMA - S <sub>2</sub> 7:00-8:30	CHOREOGRAPHY KRUSH - J <sub>3</sub> 9:00-2:00  KaBOOM - J <sub>2</sub> 4:00-5:30 K-POP - Y <sub>1</sub> 5:30-7:00 HI-5 7:00-8:30	CHOREOGRAPHY KRUSH - J <sub>3</sub> 3:00-8:00  KOWGURLZ M <sub>1</sub> 4:00-5:30 KRUNCH- J <sub>1</sub> 5:30-7:00 KARMA - S <sub>2</sub> 7:00-8:30	CHOREOGRAPHY KARMA - S <sub>2</sub> 4:00-9:00  KRUSH - J <sub>3</sub> 4:00-5:30 K-POP - Y <sub>1</sub> 5:30-7:00 HI-5 7:00-8:30	CHOREOGRAPHY KARMA - S <sub>2</sub> 4:00-9:00  KOWGURLZ M <sub>1</sub> 4:00-5:30 HI-5 6:00-8:00	CHOREOGRAPHY KARMA - S <sub>2</sub> 9:00-2:00  KaBOOM - J <sub>2</sub> . 8:00-10:00 STRETCH CLASS 10:00-11:00 11:00-12:00
17	18	19	20	21	22	23
KRUSH - J <sub>3</sub> 9:00-11:00 OPEN GYM 3:00-5:00 BHS 9:00-9:50 Tucks 10:00-10:50 Lays/Fulls 11:00-11:50	KRUSH - J <sub>3</sub> 4:00-5:30 KRUNCH- J <sub>1</sub> 5:30-7:00 KARMA - S <sub>2</sub> 7:00-8:30	KaBOOM - J <sub>2</sub> 4:00-5:30 K-POP - Y <sub>1</sub> 5:30-7:00 HI-5 7:00-8:30	KOWGURLZ M <sub>1</sub> 4:00-5:30 KRUNCH- J <sub>1</sub> 5:30-7:00 KARMA - S <sub>2</sub> 7:00-8:30	KRUSH - J <sub>3</sub> 4:00-5:30 K-POP - Y <sub>1</sub> 5:30-7:00 HI-5 7:00-8:30	KOWGURLZ M <sub>1</sub> 4:00-5:30 KARMA - S <sub>2</sub> 5:30-7:30 HI-5 6:30-8:30	KaBOOM - J <sub>2</sub> . 8:00-10:00 STRETCH CLASS 10:00-11:00 11:00-12:00
24	25	26	27	28	29	30
KRUSH - J <sub>3</sub> 9:00-11:00 OPEN GYM 3:00-5:00 BHS 9:00-9:50 Tucks 10:00-10:50 Lays/Fulls 11:00-11:50	KRUSH - J <sub>3</sub> 4:00-5:30 KRUNCH- J <sub>1</sub> 5:30-7:00 KARMA - S <sub>2</sub> 7:00-8:30	KaBOOM - J <sub>2</sub> 4:00-5:30 K-POP - Y <sub>1</sub> 5:30-7:00 HI-5 7:00-8:30	KOWGURLZ M <sub>1</sub> 4:00-5:30 KRUNCH- J <sub>1</sub> 5:30-7:00 KARMA - S <sub>2</sub> 7:00-8:30	KRUSH - J <sub>3</sub> 4:00-5:30 K-POP - Y <sub>1</sub> 5:30-7:00 HI-5 7:00-8:30	KOWGURLZ M <sub>1</sub> 4:00-5:30 KARMA - S <sub>2</sub> 5:30-7:30 HI-5 6:30-8:30	KaBOOM - J <sub>2</sub> . 8:00-10:00 FUNDAMENTALS Basic - 8:30-9:30 Int - 9:30-10:30 STRETCH CLASS 10:00-11:00 11:00-12:00