



I agree to do my part to help Hawaii All-Stars to keep all athletes, coaches, and families safe during the Covid-19 pandemic. I have read, understood, and agree to follow the following policies and procedures. I understand and agree that:

- Before arriving at any Hawaii All-Stars practice or activity, athletes shall use the restroom and wash their hands at home.
- Athletes shall be promptly dropped off and picked up at the designated door to the gym.
- Parent contact information will be kept updated and parents shall be reachable while athletes are attending practice or any activity.
- Only athletes are allowed in the gym.
- Hawaii All-Stars requires hand sanitizing for anyone who enters the gym.
- Face masks may be used by athletes.
- Athletes shall not leave any personal belongings in the gym, including shoes, clothes, jackets, and water bottles. The number of personal items brought to the gym shall be limited and must be carried in a personal bag.
- Practice start and end times have been adjusted and staggered to ensure a safe entrance and exit from the gym and to allow for cleaning between each class period.
- Athletes shall report directly to their designated warm-up area.
- Athletes will have frequent opportunities to sanitize their hands while inside the gym.
- Athletes shall be kept home if they or anyone in their family is coughing, has a temperature over 100 degrees, or other Covid-19 symptoms.
- Athletes shall wash hands and feet thoroughly upon arriving back home. Bags containing personal items brought to the gym shall be cleaned upon arriving home, and again before bringing it back to the gym.
- I understand that all Hawaii All-Stars staff members will make reasonable efforts to socially distance, but due to the nature of the sport, there will be times that contact or less than prescribed physical distancing will occur.
- Spotting is sometimes necessary for safety and to prevent injury. Athletes will only be spotted as needed.
- I am allowing my child to participate at Hawaii All-Stars, knowing that it is impossible to keep them, myself, or any other individual inside the gym completely safe from COVID-19 exposure.
- These procedures may evolve and change over time, and I will follow any new standards required by the federal, state, and local government, and by Hawaii All-Stars.

Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. Hawaii All-Stars ("HI") has put in place preventative measures to reduce the spread of COVID-19; however, HI cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, participating in HI practice and activities could increase your risk and your child(ren)'s risk of contracting COVID-19. By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by participating in HI practice and activities and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at HI may result from the actions, omissions, or negligence of myself and others, including, but not limited to, HI employees, volunteers, program participants, and their families. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s participation in HI practice or activities ("Claims"). On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless HI, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of HI, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any HI practice or activity.

Signature of Parent/Guardian

Date

Print Name of Parent/Guardian

Name of HI Participants